

GENERAL MEDICAL PRIMARY CARE CLINICS

Berkeley Free Clinic Referral List

10/6/2013

Primary Care Referrals in the Bay Area

CLINICS

ALAMEDA COUNTY

ALBANY

--- Sutter Health East Bay

500 San Pablo Ave. Ste 300

510-204-8130

a private general medical clinic. they serve primarily privately insured clients. self-pay general appointments start at \$130. family medicine doctors and family nurse practitioners are staffed at the clinic. they do not help with insurance enrollment.

if you call at 8:30 am they can schedule same-day urgent care appointments including stitches, casts, etc. Spanish translation available. Prescriptions are written on site, but must be picked up at an outside pharmacy.

BERKELEY

Lifelong Medical Care Member Services

2031 Sixth St

510-981-4100 Patient Services

<http://www.lifelongmedical.org> www.lifelongmedical.org

New patients must call member services to start receiving services at any Lifelong Clinic, including:

Berkeley Primary Care, Dental Clinic, Downtown Oakland, Over 60 Health Center, and West Berkeley Family Practice

Recently took over Brookside Community Health Center Clinics in CCC

The Member Services Department also will screen for eligibility for diff. types of insurance

Length of time until first Appt. varies

Suitcase Clinic General Main Clinic

2407 Dana St (1st Presbyterian Church)

848-6252

x510

269-7242

Voicemail

general@suitcaseclinic.org www.suitcaseclinic.org

Appointments (Drop-In) on TUESDAYS

Arrive between 6:00pm-6:30pm; Intake for services starts at 6:30pm on a first-come, first-served basis. Clients can sign up for a maximum of two services. Services offered from 7:00pm-9:00pm.

Medical (medical student and attending physician on staff)

-consults, physicals, limited medication

OAKLAND

--- Asian Health Services Medical Clinic

818 Webster St

510-986-6800

510-986-6880

<http://www.asianhealthservices.org/>

Sliding scale is done with CMSP (county medical services program). if you don't have insurance, it is basically required that you sign up for CMSP. They won't turn patients without insurance away. Office Hours: Monday-Friday (9-5pm) and Saturday (9-1pm).

--- Clinica la Luna y el Sol

2700 International Blvd. Second Floor

534-5600

<http://www.clinicalalunavelsol.com/>

Comprehensive general medical clinic. No x-rays. First visit \$80. thereafter \$40. \$20-\$180 for lab work. Medications sold below Walgreen's price. Prescriptions will be written and given if you have insurance. Spanish. No ID required.

Pap smear, breast exam, mammogram referrals free for eligible women.

Offers both TB (\$55; don't have to have insurance) and physicals (~\$120).

Alameda County Medical Center Eastmont Wellness Center General Medical

6955 Foothill Blvd ste 200 (Eastmont Town Center)

510-567-5700 Aopt. Line
510-567-5788 Triage nurse

www.eastmontahs.org

Adult Medical Clinic. General services by appointment. Wait times vary depending on service looking for. Triage nurse has ability to refer you to urgent care care clinic at highland hospital. You must be an Alameda county resident. screen for Financial eligibility.

Healthy Communities Healthy Oakland Save A Life Wellness Center

2580 San Pablo Ave (@ 26th St)

510-444-9155 Front Desk
510-444-9955 Fax

www.healthycommunities.us www.healthycommunities.us

Free to low cost (sliding scale), Can be seen by MD's and NP's.

Will sign client up for HealthPAC if they are an Alameda County resident.(bring picture ID, proof of income, and proof of residency/address [eg utility bill or bank statement or etc])

If self-employed, need 1040 from last year.

La Clinica Clínica Alta Vista Family Medical

1515 Fruitvale Ave

535-6300

<http://www.laclinica.org/ClinicaAltaVista/> <http://www.laclinica.org>

For 12-20 year olds. Homeless youth are ok. Must register first. General Medical, immunizations, HIV testing, reproductive health, counseling, social services, family planning, tobacco cessation counseling, social services. Can occasionally make room for urgent appointments.

Registration required for services (1 week turn around). Will enroll members in MediCal, Family PACT, or HealthPAC. Income qualifications based on parent income (best if they come in with patient)

La Clinica San Antonio Neighborhood Health Center

1030 International Blvd

238-5400

<http://www.laclinica.org/SANHC/> <http://www.laclinica.org>

La Clínica's San Antonio Neighborhood Health Center provides comprehensive, affordable health services in English, Spanish, Cantonese, Mandarin, Vietnamese, Tigrinya, Amharic and Arabic languages:

- * Chronic Disease Management
- * Family Medicine
- * HIV Testing

Native American Health Center **Oakland Seven Directions** **Medical**

2950 International Blvd.
www.nativehealth.org

510-535-4400 Registration

No Ethnic requirements, take insured and uninsured. If uninsured will set you up with healthpac. Wait time for new Pt. is one month

Provides Primary care for adults and children. diagnosis and treatment for acute and chronic conditions; general pediatric care, including well-child services and immunizations; routine physical examinations for general health maintenance or employment; health education; and smoking prevention/cessation education. Also: ongoing health care through pregnancy, full lab services. No

Order of Malta Western Association **Order of Malta Oakland Clinic**

2121 Harrison Street
www.cpctl.org

510-587-3000

Mon 8:30AM-12:00PM, 1:00PM-4:00PM
Wed 8:30AM-12:00PM, 1:00PM-4:00PM
Friday 8:30AM-12:00PM

See ONLY uninsured; there's an honor system requiring clients to sign a form declaring they have no insurance. Lab work, prescriptions, check blood pressure, check/treat diabetes, chronic concerns, immunizations, out-source x-rays. Door locked - tap

West Oakland Health Council **West Oakland Health Center** **Medical**

700 Adeline St (at 7th St)
www.wohc.org

835-9610

This is the main clinic of the West Oakland Health Council. Alameda county residents only. New clients should call here first to get appointments at: **East Oakland Health Center or Albert J. Thomas Medical Center**
Drop-in happens Monday, Wednesday and Friday beginning at 8:15 am and serves the first 15 adults. DO NOT NEED TO BE MEMBERS, JUST NEED CA ID. Must be URGENT. Sliding Scale is generally 10% of monthly income (bring proof of income: job check stub, bank statement or general assistance receipt). If you do not qualify for sliding scale If it is NOT urgent wait is 2-3 months for membership (CMSP). Prescriptions are written and provided on site.

medical section

3451 East 12th st

535-4000

General medical care. Call for registration. UNINSURED can ONLY register the last Monday of each month. Otherwise, you must have some state or private insurance. sliding scale for uninsured. URGENT appointments are available, sometimes same day. Prescriptions are written and provided on site. **As of 2-25-11 the clinic has a waiting list of 9 to 10 months for new, uninsured clients. Clients with insurance will be allowed to register and will be asked to provide insurance information.**

Pregnancy services (as of Feb 2011): Pregnancy testing, maternity care, delivery at Alta Bates hospital, pediatric care for

PLEASANTON

Axis Community Health **Pleasanton** **Adult/Internal Medical Services**

4361 Railroad Avenue

925-462-1755 Appointments

By appointment only. Some services are free and some are by sliding scale.

Internal medicine. Physicals (employment, disability, DMV, pre-operative, etc.) ER visit follow-ups. Immunizations, Flu shots, TB tests.

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TB Tests: \$20

SAN LEANDRO

Davis Street Family Resource Center **Primary Care Clinic**

3081 Teagarden Street
Updated 06/12/13

510-347-4620 Front Desk Reception

The San Leandro Clinic is CLOSED FOR REMODELING
It is expected to reopen in OCTOBER 2013 (updated 9/5)

Primary Care Clinic- Mon-Thus from 8:00 am to 8:00

pm. All clients must sign up for each clinic on Mondays, Tuesdays, Wednesdays and Fridays beginning at 8:00 am, BE THERE 7 AM

Davis Street Family Resource Center **RotaCare Free Medical Clinic** **Primary care clinic**

3081 Tea Garden

510-347-4620 Front Desk Reception

<http://www.davisstreet.org/> http://www.rotacarebayarea.org/clinics/san_leandro.html

Updated 06/12/13

The San Leandro Clinic is CLOSED FOR REMODELING

It is expected to reopen in OCTOBER 2013 (updated 9/5)

Free, ONLY TAKE ADULTS WITHOUT INSURANCE

CONTRA COSTA COUNTY

RICHMOND

Contra Costa Health Services **Richmond Health Center** **medical**

100 38th St

800-246-2494 Drop in immunizations

510-231-8555 Drop in immunizations

<http://cchealth.org/centers/richmond.php> www.cchealth.org

County-sponsored general medical clinic. Most services moved to West County Health Center; only drop-in immunizations on Mondays, 1-4:30 pm; first come first served. Closed when full.

Also, call 1 800 771 4270 for financial counseling.

Richmond WIC

39th and Bissel

SAN FRANCISCO COUNTY

SAN FRANCISCO

San Francisco Free Clinic

4900 California St.

415-750-9894 Appts. taken 1-4:30 p.

www.sffc.org

Must be without insurance of any kind. Appointments only.

Primary Care, Preventative care (cancer, diabetes and heart disease screening). Childhood and adult vaccinations. Family planning and contraceptive counseling. STD testing and treatment. Well child care, monitoring of childhood growth and development. Treatment of acute and chronic medical problems. Non-emergency. On-site social work services. Staffed by volunteer physicians and students. Some specialists provide services. Prescriptions are written on site, but must be picked up at an outside pharmacy.

San Francisco Community Clinic Consortium **Northeast Medical Services** **General Medical**

1520 Stockton street (Chinatown)

415-391-9686

www.nems.org www.sfccc.org

Monday-Friday: 8:30AM-5:30PM.

Saturday: 8:30AM-12:00PM, 1:00PM-5:00PM

APPOINTMENT ONLY. 1 month wait for appointments.

Free if homeless. Sliding Scale. Must be a MEMBER to get services (no residency requirements)

Offers internal medicine, pediatrics, OBGYN, family practice, allergy, cardiology, ear nose throat, radiology and ophthalmology.

San Francisco DPH **General Hospital** **General Medical Clinic**

1001 Potrero Avenue

415-206-8492 Appointments

<http://www.dph.sf.ca.us/chn/HlthCtrs/Childrens.htm> http://www.sfqhambulatoryservices.com/?page_id=1640

Adult Medical Center. Ambulatory care facility providing comprehensive primary care and medical specialty services to persons over eighteen years of age. Patients seen for purposes of receiving primary medical care or on referral to specialty clinics for evaluation of severe pathology resistant to standard care.

Primary medical care is provided (located in the 1M clinic in the SFGH main campus building) with ten half-day clinics each week, and five medical screening clinic sessions are held each week. Medical specialty care includes cardiology, dermatology, renal,

St. Anthony (SF) Free Clinic Medical

121 Golden Gate Ave.

415-241-8320

www.stanthonysf.org/services/services-clinic.html www.stanthonysf.org

Provides primary and urgent care services to children and adults who have no health insurance or limited access to health care. Registered Nurses, Medical Assistants, Health Educators, Nurse Practitioners, Pediatricians, Mental Health Providers, and Medical Doctors staff the Clinic. The Clinic offers specialty services on site such as Podiatry, Allergy/Asthma Services, HIV testing and counseling, acupuncture and yoga and stress management.

INFO AND REFERRALS FOR MEDICAL

ALAMEDA COUNTY

BERKELEY

Berkeley Free Clinic Information Resource Collective

2339 Durant Ave

510-548-2570

800-625-4642 1-800-6CLINIC

www.berkeleyfreeclinic.org

Referral Service for all sorts of health services in the Bay Area and beyond. Also the information and appointment taking line for the Berkeley Free Clinic.

Berkeley City Public Health Clinic El Centro

830 University Ave (@ 6th St)

510-981-5378 call for appointment

510-981-5321 call for appointment

www.ci.berkeley.ca.us

Residents of Berkeley and Alameda County only. Only women who are pregnant for the first time.

We assist individuals and families with their Medi-Cal, Healthy Families or Kaiser's Child Health Plan applications. We also process "Sensitive Services" Medi-Cal applications. This type of Medi-Cal is for anyone under 21 years of age who has a need for family planning, pregnancy-related or STI-related care.

CONTRA COSTA COUNTY

ANTIOCH

Alameda Alliance

895-9355

alamedaalliance.org

referral organization for doctors, clinics, hospitals. general health advocate for low income folks of alameda county.

Alameda County Public Health Department public health clearinghouse

888-604-4636

www.acphd.org/user/about/about_clearinghouse.htm

general referral line for medical services in alameda county

Alameda-Contra Costa Medical Association

654-5383

www.accma.org

find an area physician that fits your language, location, and specific medical requirements. primarily for those with private insurance. click on "physician locator" if you are on the internet. Does NOT help with insurance specifics searches.

Bay Area Progressive Directory website

<http://www.bapd.org/>

An index to about 1200 organizations in the San Francisco Bay Area that are related to progressive activism and/or helping out disadvantaged people, plus links to related web sites elsewhere. This is a pretty expansive and interesting website covering all sorts of different topics.

Eden I&R Online Referral Database

<http://www.211alamedacounty.org/>

This is the database that the BFC IRC subscribed to for a while in years past. It looks like the database is online and it's SWEET. It has a limited range, not many referrals for San Fran.

--- **HelpLink**

800-273-6222

Provides comprehensive confidential regional information and referral service to anyone needing information about nonprofit health and human services in the Bay Area. Uses BRAIN database (Bay Area Regional Agency Information Network) to provide information. Can provide information on local support groups.

California DPH **medi-Cal program**

800-541-5555

<http://www.medi-cal.ca.gov/> <http://my.ca.gov/>

medi-Cal referrals and internet for information on Medi-Cal. Medi-Cal eligibility: 65 or older; blind; disabled; under 21; pregnant. There are no lists of doctors who accept medi-cal on this site.

SAN FRANCISCO COUNTY

SAN FRANCISCO

--- **HIV/AIDS Nightline**

415-434-2437/San
800-628

<http://www.sfsuicide.org/our-programs/hiv-nightlines/> www.HIVnightline.org

5pm-5am

Emotional support line for anything having to do with HIV/AIDS or Hepatitis C (or any other disease). The operators are also knowledgeable in the basics of these diseases.

San Francisco DPH **Information** **General City Services**

415-206-5166

http://www.sfgov.org/site/citizen_index.asp?id=14506

Web information for social services in San Francisco.

Hotline for locating City-run clinics in specific areas.